



**National Night Out  
Tuesday, August 5, 2014**

**Come See NAMI Lansing at:**

**Williamston National Night Out  
3 PM to 9 PM at McCormick Park  
300 N Putnam Street, Williamston**

**East Lansing National Night Out and  
Touch a Truck Event  
6 PM to 8 PM at East Lansing Public Library  
950 Abbot Rd, East Lansing**

National Night Out is an annual community event hosted by local police departments to increase awareness of public safety issues and relationships with the community. We will have booths in [East Lansing](#) and [Williamston](#). We are so excited to be asked to participate in these events. National Night Out is FREE!



**Plan Now to Come on the Walk!**

**Saturday, September 27, 2014 at noon  
Heritage Park  
Canton**

Please support Lansing Team Capitals by coming to the walk, seeking sponsors, or sponsoring our team with an

## **In This Issue**

[National Night Out](#)

[NAMI Walk 2014](#)

[Family-to-Family](#)

[A New Reality:  
Prevention of Major  
Mental Illness](#)

[OCD Support Group  
Celebration](#)

[Youth Mental Health  
First Aid](#)

## **Please Join Us**

Your membership supports our programs and helps demonstrate the depth of our local commitment to education, support, and advocacy related to mental illness.

An individual membership is \$35. Open door membership is \$3.

[Join or renew now!](#)

## **Quick Links**

[Calendar](#)

[Blog](#)

[Support Groups](#)

[easy online donation](#). Your donations will support NAMI Lansing and NAMI Michigan in our mission of education, support, and advocacy for persons with mental illness and their families. These efforts have never been more needed. We would be so grateful for your donation.

[Programs](#)  
[About Us](#)

Join Our Mailing List!

We will be have transportation to and from Heritage Park. SAVE THE DATE and watch the website and the newsletters for details.



## Family-to-Family Class Starts Sept. 10

The Family-to-Family class will meet on Wednesdays from September 10 to November 19, 6:30 to 9:00 p.m. at McLaren of Greater Lansing Education Center, 2709 S. Washington (SE corner of W. Greenlawn and S. Washington, Lansing.

In this class, trained local instructors who have personal experience with mental illness in a family member present NAMI's nationally recognized curriculum.

Participants learn about symptoms and types of mental illness, brain science, types of medications, and communication and coping skills. View the curriculum and registration information [here](#) or contact us at [info@namilansing.org](mailto:info@namilansing.org) or 484-3404 for more information.

## Mental Illness Awareness Week 2014

### A New Reality: Prevention of Major Mental Illness October 9, 2014

We are privileged to have [Dr. William McFarlane](#) coming to Lansing for a presentation on preventing major mental illness. Dr. McFarlane has done extensive research on the benefits of early treatment for mental

illness. He also pioneered work on the benefits of family and consumer psychoeducation programs such as Family-to-Family.

Please add this important community event to your calendar:

**A New Reality: Prevention of Major Mental Illness  
A Presentation by William McFarlane, MD  
Thursday, October 9, 2014 at 7:00 p.m.  
Hannah Community Center  
819 Abbot Road, East Lansing**

A reception will follow the presentation.

Please consider helping to sponsor this event! We are grateful to the generous sponsors of our 2013 event, the dynamic presentation by Pete Earley.

**Lansing OCD Support Group  
Celebrates 20 Years  
Monday, August 18, 2014**

The Lansing Obsessive Compulsive Disorder (OCD) Support Group is celebrating it's 20th anniversary with a celebratory potluck and a special speaker, Dr. Rodney Howard from Okemos. Please RSVP to [tojvogler75@comcast.net](mailto:tojvogler75@comcast.net). or call Jon Vogler at 517-944-0477, with the number attending and what you will bring.

**[Lansing OCD Support Group Anniversary Celebration](#)**

With Speaker Dr. Rodney Howard  
Monday, August 18, 2014  
6:00 PM to 8:00 PM  
Delta Presbyterian Church  
6100 W. Michigan Ave.,  
Lansing, MI 48917

Congratulations on 20 years of support and service!

## Youth Mental Health First Aid for Parents and People Who Work with Youth

Special sections of Mental Health First Aid have been scheduled at CMH for parents, teachers, and other adults who work with youth to learn to recognize and provide assistance to youth with symptoms of mental illness and substance abuse. This one-day training is provided free to most people involved with kids. It is scheduled three times per month through the end of September. [View the dates and complete registration information here.](#)

## Like Us on Facebook

Facebook has turned out to be an excellent way to share info easily and keep in touch with other organizations. Join the conversation! The more people engage with our page, the larger our reach will be.

## Follow us on Twitter

**NAMI Lansing is an affiliate of the Capital Area United Way. LIVE UNITED.**



**PO Box 26101  
Lansing MI 48909**

**517-484-3404 or [info@namilansing.org](mailto:info@namilansing.org)**

[www.namilansing.org](http://www.namilansing.org)

[Forward this email](#)



This email was sent to kconsnet@gmail.com by [info@namilansing.org](mailto:info@namilansing.org) | [Update Profile/Email Address](#) | Rapid removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).



NAMI Lansing | P.O. Box 26101 | Lansing | MI | 48909