



[Like Us on Facebook](#)

Thanks to the wonderful volunteers at GiveCamp 2014, NAMI Lansing is now on Facebook! Stop by, leave a comment, or make a suggestion. Visit the [Facebook page](#) and the [website](#) for news on events, activities, and issues.

GiveCamp 2014 was a great event where tech professionals donated a weekend to help local nonprofits with website improvements and social media. NAMI Lansing was one of the fortunate nonprofits selected to participate. GiveCamp volunteers set up the Facebook page and provided us with support for the newsletter, webpage, and blog.

Thank you GiveCamp!

"Delivering Happiness" A Special Presentation by Jenn Lim on the Inspirational Zappos business philosophy

Wednesday, April 30, 2014

Morning session: 10:30 a.m. to Noon

Afternoon session: 2:00 p.m. to 3:30 p.m.

Location: Peckham Inc., 3510 Capital City Blvd.,
next to the Lansing airport

LIMITED SEATING: RSVP now to events@peckham.org

[View the event flier here.](#)

Join Today!

Show your support for NAMI Lansing's mission to provide Education, Support, and Advocacy for persons with mental illness and their families.

Benefits of membership include the NAMI *Advocate* and NAMI *Messenger*, access to online communities at nami.org, discounts for conference attendance, and the satisfaction of contributing to NAMI's work.

An individual membership is \$35. Open door membership is \$3.

[Join or renew now!](#)

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Sponsored by the Peckham Community Partnership
Foundation

NAMI Michigan Conference
"Mental Health Gets My Vote"
May 9 and 10, 2014
Detroit

Visit the NAMI Michigan website for the [complete program and registration information](#) for the upcoming conference.

Advocacy Update

Federal:

Senator Stabenow's [Excellence in Mental Health Act](#) was signed into law on April 1, 2014. This Act will fund 8 pilot sites across the nation to study the impact of comprehensive mental health services.

Michigan:

Counties are now required to develop plans on how to provide mental health services to people at risk of involvement with the criminal justice system, those in county jails, and prisoners being released from jail. NAMI Lansing hopes to be part of this planning process which is required by Public Act 28 of 2014.

Join the NAMI Lansing Board

Please consider joining the NAMI Lansing Board of Directors. With your help we can expand our impact in community. Participating on the board is a great opportunity to learn more about NAMI and share with others. Projects we are working on include a Mental Illness Awareness Week event for October 2014 and expanding our education, support, and advocacy activities in the area.

The board meets on the first Tuesday of each month at 7:00 p.m. Come to our next board meeting on May 6, 2014 at 7:00 p.m. at the Ingham County Human Services Building, 5303 S. Cedar, Conference Room C, Lansing (enter door #3) or call 517-484-3404 or email info@namilansing.org for additional information.

Opportunities

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Healthy Michigan Plan Enrollment Started April 1

Michigan's Medicaid expansion program, called Healthy Michigan Plan, opened April 1, 2014. More people will be eligible for Medicaid than before. Visit [Healthy Michigan Plan](#) to find out more about it.

Scholarship to Attend the NAMI National Conference - Application Deadline Extended to May 15

NAMI Lansing is offering financial support for a consumer to attend the [NAMI national conference](#) in Washington, DC, September 3 - 6, 2014. The theme of the conference is "Advocates from Change: From Dialogue to Action. The scholarship would include payment of the conference fee and reimbursement for approved travel expenses and approved hotel expenses. Meals and other expenses would be the responsibility of the recipient.

Please note that support for conference attendance will be provided to the scholarship recipient on a reimbursement basis. The recipient must be able to pay for the travel and hotel expenses initially. NAMI Lansing will reimburse for those expenses after the scholarship recipient has attended the conference. An eligible applicant must be a consumer and a member of NAMI Lansing. Apply by submitting a letter or email that includes the following:

- State your past participation with NAMI Lansing.
- Describe why you would like to attend the national conference.
- Tell us how you plan to use the information from the conference to assist NAMI Lansing carry out its mission of education, support, and advocacy.

Applications must be by later than Thursday, May 15, 2014. Apply in writing by sending a letter to NAMI Lansing, PO Box 26101, Lansing, MI 48909 or an email to info@namilansing.org.

Mental Health Association in Michigan Tribute Dinner May 8 in East Lansing

The [Mental Health Association in Michigan](#) will honor Lieutenant Governor Brian Calley for his service on the Governor's Mental Health and Wellness Commission and the Diversion Council at a special dinner at Kellogg Center in East Lansing on May 8, 2014. All proceeds from the event will benefit MHAM, which provides education and advocacy on critical mental health policy issues. Find the details and registration information [here](#).

Walk a Mile in My Shoes Rally at the State Capitol May 14, 2014

Save the date for the [tenth annual rally](#) sponsored by the Michigan Association of Community Mental Health Boards. We'll share the details as they become available.

Therapeutic Recreation Opportunities

A variety of events is offered by the Lansing Parks and Recreation Therapeutic Department for both Lansing residents and non-residents. Events include a spring social on April 24 from 2 to 4 p.m., weekly bowling, and other activities. Please contact Kalea Delezenne, Therapeutic Recreation Coordinator at 517-483-4291 or kalea.delezenne@lansingmi.gov. Here is the [current activity guide](#) for the extensive Lansing recreational offerings, including therapeutic recreation.

NAMI Lansing Picnic Tuesday, June 17, 2014

Plan ahead to attend the NAMI Lansing summer picnic. There will be a cookout and potluck at lovely Sharp Park. Come early to enjoy the 57 acre park. Stay for the potluck dinner in the shelter house overlooking the pond, followed by a brief business meeting to elect our officers for next year.

What: NAMI Lansing Picnic

When: Tuesday, June 17, 5:00 to 7:30 p.m.

Where: Sharp Park, 1401 Elmwood
Sharp Park is on Elmwood, 1/2 mile north of Saginaw Hwy

Youth Mental Health First Aid for Parents and People Who Work with Youth

Special sections of Mental Health First Aid have been scheduled at CMH for parents, teachers, and other adults who work with youth to learn to recognize and provide assistance to youth with symptoms of mental illness and substance abuse. This one-day training is provided free to most people involved with kids. It is scheduled three times per month through the end of September. [View the dates and complete registration information here.](#)

Seeking Participants for MSU Study

Parents' Perspectives on Making the Family Court System More Effective for Parents with Mental Illness

This study seeks to interview parents with mental illness who have minor children to learn what they think about the family court system. The goal of the study is to make recommendations to improve the family courts so that they work more effectively with parents with mental illness. Participants will be able to offer advice on the topic and make suggestions. The study will involve a 30-35 minute telephone interview conducted by Tori Edgar, third year law student at MSU, under the supervision of Dr. Joanne Riebschleger, Associate Professor of Social Work at MSU. All participation will be confidential. If you are interested in participating, please contact:

Dr. Joanne Riebschleger, Social Work, MSU
108 Baker Hall, East Lansing, MI 48823
email: riebsch1@msu.edu
work phone: 517-353-9746

Support Group Updates

New family support group in Marshall ([Brochure](#))

Support Group for Families and Friends of Persons with Mental Illness ([Brochure](#))

Every **TUESDAY** from 7:00 to 8:30 p.m.

Sparrow Behavioral Health - First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing.

Follow signs to meeting room

Connection is a Support Group for Persons with any Diagnosis ([Brochure](#))

Every **THURSDAY** from 7:00 to 8:30 p.m.

Sparrow Behavioral Health - First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing.

Follow signs to meeting room

Community Work Experience Program (CWEP) is Seeking Participants

Community Work Experience provides a wide range of job seeker services from resume preparation to job coaching. This program is a collaboration between Michigan Rehab Services, CEI-CMH and Peckham. This is an opportunity for eligible CMH clients to move into employment.

Services provided:

- How to talk about your disability and work history
- Understanding wages and Social Security Benefits
- Assistance with Disclosure of Sensitive Information
- Writing a Resume
- Practicing Interview Skills
- Clothing assistance for interview and work
- Problem Solving regarding transportation
- Practice calling employers
- Assistance with filling out applications
- Basic computer skills training
- Help finding and keeping a job
- Job coaching and counseling
- Long term follow up

Criteria for Participation

- Receiving services from Community Mental Health
- Live in Clinton Eaton or Ingham Counties
- Clinically stable and motivated to work

- Case manager or therapist for support for plan of work
- Prepared to participate in the job search process
- Continue with psychiatry and therapy related services
- Have an established recovery program before seeking a work referral

How does it work

- An applicant is referred by CMH Therapist to a Charter House Vocational Specialist for intake and orientation by calling 517-371-2077.
- Applicant will meet with a CMH Vocational Specialist, Michigan Rehabilitation Services and Peckham Employment Counselors.
- Job Placement and Support is provided by Peckham Employment Counselors.
- To participate, job seekers will need: a Social Security card, State of Michigan identification, three references and a work history list. ([CWEP Brochure](#))

NAMI Lansing is an affiliate of the Capital Area United Way. [LIVE UNITED.](#)



**PO Box 26101
Lansing MI 48909**

**517-484-3404 or info@namilansing.org
www.namilansing.org**

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